



**University of Brighton**

## **Foundation Degree Science (FdSc) Complementary Healthcare**

This is a unique programme of study offered by Sussex Downs College Lewes campus in partnership with the University of Brighton. The course aims to produce informed and skilled practitioners with the knowledge and skills to enter the healthcare arena with confidence. The programme has been carefully designed to cover many different aspects of healthcare in such a way that practical skills are balanced with a comprehensive training in the underpinning knowledge relating to the therapy being studied. Students must have the time, energy and commitment to cope with the demands of this programme. Mature applicants are welcomed.

You will be required to buy text books, uniforms and Graduations work wear which must be worn for all practical sessions. Students will also be required to become members of the Federation of Holistic Therapies to gain professional indemnity and be subject to a criminal bureau of records check. All short listed applicants will be interviewed.

### **Study Pattern**

The programme runs over two years a week (Wednesday 9-5 and Thursday 9-9). It includes a weekly clinic to practice your skills in a clinical setting at the Graduations Salons. In the second year there is a 50 hour work placement working within an aspect of the healthcare profession. Students are expected to develop a portfolio of reflective practice over the two years of the course. Subjects are assessed through a variety of methods both practically and written. These include case studies, exams and essay writing.

### **Career Opportunities**

The course of study will equip you with a range of experiences, qualifications and practical skills sought by employers or required for successful self-employment. Complementary therapists work in a variety of environments including hospitals, hospices, health centres, individual and group practices and in the community services for people with additional needs.

## **Syllabus**

### **Year 1**

Study Skills

Research Methods

Personal & Professional Development

Communication Skills

Science for Complementary Therapists

Structure and functions of the Human Body  
Therapeutic massage  
Reflexology  
Aromatherapy  
Perspectives of Holistic living  
Nutritional implications for Complementary Therapy

## **Year 2**

Business Management  
Philosophies of Oriental Medicine  
Clinical placement  
Processes of Disease  
Advanced therapeutic Massage  
Clinical reflexology  
Clinical Aromatherapy  
Professional Practice  
Applied Clinical Nutrition

### **Duration:**

Full-time: 2 years

### **UCAS code: S89**

Campus Code: Lewes (L)

### **Entry requirements:**

UCAS tariff: 40 points, from a minimum of one 6-unit qualification. Level 3 Key Skills will not count towards the tariff score. General Studies will count towards the tariff score.

### **International Baccalaureate:**

individual assessment.

QAA-approved access course: acceptable.

IELTS (English proficiency): 6.0 overall, 6 in writing.

### **GCSE**

(minimum grade C): at least 3 subjects including English language and mathematics or a science.

### **Location:**

Lewes

Fees £7000 for home students, course is eligible for a student loan from Student finance. See <https://www.gov.uk/student-finance> or <http://www.slc.co.uk/>

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